St John Fisher Catholic Primary School

When you love to learn, you learn to love

Kale Road, Erith, Kent DA18 4BA
Telephone: 020 8310 7311
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Website: www.sjf.bexley.sch.uk

Headteacher: Mrs K Garrett BA (Hons) NPQH

Wednesday, 4th November, 2026

RE: Relationships, Sex and Health Education (RSHE) - Parent Consultation

Dear Parents and Carers,

At St John Fisher, we believe that every child is created and loved by God. Our Catholic faith is at the heart of everything we do, and we are committed to helping our children grow in faith, knowledge, understanding and respect for themselves and others.

As part of this commitment, we provide Relationships, Sex and Health Education (RSHE), using Life to the Full, a Catholic RSHE programme provided by Ten:Ten. This programme supports children to develop an age-appropriate understanding of relationships, physical and emotional wellbeing, personal safety and the changes they experience as they grow. It is rooted in the Catholic understanding of the dignity of every human person and the importance of loving, respectful relationships.

What is changing?

The Department for Education's updated statutory guidance for Relationships Education, Relationships and Sex Education and Health Education came into effect in September 2026. As a school, we are reviewing our RSHE provision and ensuring that our curriculum, policy and communication with families remain appropriate and reflect the current guidance.

We recognise that parents and carers are the first educators of their children, particularly in matters relating to relationships, personal development and human sexuality. We therefore value your views and wish to work in partnership with you as we review our provision.

What will children learn?

The Life to the Full programme covers a range of age-appropriate topics, including:

- Building positive relationships and friendships.

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- Respecting ourselves and others.
- Understanding emotions and developing emotional wellbeing.
- Keeping ourselves safe, including online.
- Understanding physical changes as we grow.
- Recognising our God-given dignity and the dignity of others.

The majority of the programme forms part of the statutory Relationships Education and Health Education curriculum. Parents do not have the right to withdraw their children from these statutory elements.

There are, however, two Upper Key Stage 2 (Years 5 and 6) lessons which require particular consideration as part of our consultation:

Making Babies - Part 2

This lesson explores how a baby is conceived through sexual union within marriage, presented in the context of the Catholic understanding of marriage and family life.

Seeing Stuff Online

This lesson addresses the risks children may face when encountering pornographic images and videos online. It supports children to understand online safety, recognise inappropriate content and know how to respond if they encounter something that makes them uncomfortable.

Ten:Ten identifies Making Babies - Part 2 as Sex Education. The classification of Seeing Stuff Online requires consideration because it includes statutory online safety learning as well as content which some schools may classify as Sex Education.

We are therefore seeking your views on these lessons as part of our review.

How can you find out more?

Ten:Ten provides a Parent Portal which enables families to explore the Life to the Full programme, understand what is taught and access resources to support conversations at home.

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You can access the Parent Portal here:

Ten:Ten Parent Portal

We are also sharing Ten:Ten's Parent Consultation Tool, which provides further information about the programme, its Catholic foundations and the content taught across the different year groups.

Ten:Ten Parent Consultation Tool

We strongly encourage you to explore these resources before sharing your views.

We will be also be holding a Parent Consultation Meeting on Thursday 12th November at 4pm to go through the Parent Consultation Tool and Frequently Asked Questions, and answer any questions you may have.

How can you take part in the consultation?

We would welcome your feedback on our RSHE provision, including the two Upper Key Stage 2 lessons outlined above.

The consultation will remain open for two weeks, from Thursday 5th November until Thursday 19th November 2026.

If you have any questions, concerns or views you would like us to consider, please contact me directly by:

- Emailing the school office, FAO Mrs Garrett, Headteacher, with the subject line RSHE Parent Consultation.
- Alternatively, you may provide your feedback in writing to the school office.

If you have concerns about either of the two Upper Key Stage 2 lessons, please clearly state the lesson title and your child's year group in your response. I will be happy to discuss your views with you and explain the content and purpose of the lessons.

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Please be assured that all feedback will be considered carefully as part of our review. Following the consultation, we will confirm the school's approach to the relevant lessons and update our RSHE information and policy as appropriate.

The right to withdraw

Parents have the right to request that their child is withdrawn from non-statutory Sex Education taught in primary schools, other than content which forms part of the National Curriculum Science programme.

This right does not extend to statutory Relationships Education, Health Education or Science.

If, following your consideration of the resources, you wish to request that your child is withdrawn from either of the lessons identified above, please contact me directly. We will arrange a conversation to discuss your request, clarify the content and explain the arrangements for your child.

Please note that taking part in this consultation is not the same as submitting a formal withdrawal request. If you wish to request withdrawal, you will need to contact the school directly.

Thank you for your continued support and partnership. We value the trust you place in us and are committed to ensuring that our RSHE provision reflects our Catholic mission, supports the wellbeing of our children and works in partnership with families.

With every good wish,

K. Garrett

Mrs K Garrett
Headteacher